

# **Parent & Community Ed Night**

## **Topic: Eating Disorders**

**Tuesday, March 18**  
**7:00 pm**

**Featuring:**  
**Dr. Samantha Tamburro**  
Eating Disorders Specialist

**Karen Decker, m.s.r.d.**  
Registered Dietician  
Westlake private practice specializing in eating disorders

**Amanda Phillips**  
Peer Educator for Joint Advocates on Disordered Eating  
(JADE) at California State University, Northridge

**Redwood Middle School**  
**233 W. Gainsborough Rd.**  
**Thousand Oaks**

"Eating disorders are illnesses with a biological basis modified and influenced by emotional and cultural factors. The stigma associated with eating disorders has long kept individuals suffering in silence, inhibited funding for crucial research and created barriers to treatment. Because of insufficient information, the public and professionals fail to recognize the dangerous consequences of eating disorders. While eating disorders are serious, potentially life-threatening illnesses, there is help available and recovery is possible." –National Eating Disorders Association

**Presented by Redwood Middle School PTSA**